

KELOWNA CHRISTIAN COMMUNITY RESOURCES LIST

Areas of Assistance

- ❑ **Accommodation**
 - a) Emergency/short term
 - b) Longer term
 - c) “Supported” Residences for particular needs
- ❑ **Alcohol and Drug Recovery**
- ❑ **Basic Needs** (food, clothing, bathing, laundry, etc)
 - a) Clothing furniture, etc
 - b) Meals
 - c) Food and other necessities
- ❑ **Information/Resources**
- ❑ **Counseling**
- ❑ **Crisis Pregnancy Assistance**

Accommodation

a) Emergency/short term accommodations

**Alexandra Gardner Women
And Children Safe Center**
(NOW Canada)
2609 Richter St.
763-2262

Safe house/”no barrier shelter” (this means alcohol/drug use is permitted) for women and their children. No age restriction

Kelowna Gospel Mission
251 Leon Ave. Kelowna
V1Y 7N3
763-3737

Short term accommodation for males over 19 years old. Also serve meals to people who are not staying there.

Kelowna Street Helps
729 Clement Ave.
212-8918

“Out of the Cold” – October through March
Transports people to various churches who provide shelter, snacks from 10 pm to 7 am

WINGS
c/o 823 Birch Ave.
V1X 5Z5 765-0179
(House – **979-2870**)

Free emergency housing one night only. Longer term by rental payment. For women, alone or with children. Communal accommodation.

b) Longer Term Accommodations

Evangel Family Manor
969 Harvey Ave.
762-6225

Subsidized family, single family and/or seniors apartment complex. Available based on needs and waitlist

Society of Hope
210-1433 St. Paul St.
862-8233

Subsidized housing opportunities for single parents, low income families and seniors. Also short term affordable housing for women and children who qualify. Office hours 9am – 12 pm Monday to Friday

c) “Supported” Residential Programs

House of Sharon
905 Badke Rd. V1X 5Z5
765-9179

Sexual Abuse recovery program for women offered as residential or for women living in their own homes. Group and individual educational and support program.

New Opportunities for Women (NOW)
PO Box 476, Stn PBC
V1Y 7P1
763-3876

Residential service for sexually exploited women (prostitutes making a commitment to leave the sex trade) between the ages of 15-29. Christian based, but strict rule against sharing the Gospel verbally - only by example

Alcohol and Drug Recovery Programs

Breathe Free
Adventist Community
Services
765-9359

Plan to Stop Smoking Program (a worldwide, non-profit program). Program runs Spring and Fall, call to register.

Freedom’s Door
(Resurrection Recovery
Resource Soc.)
1471 Sutherland Ave.
717-0472

Men only residential alcohol and drug recovery program. Four week introductory phase of understanding addictions. Eight week phase of Life Skills using Kereda plus daily group support. Clients can also stay in the residence during a “reintegration” phase to pursue work and educational opportunities

Harmony House
763-6544

Women only residential alcohol and drug recovery program. Addiction counselor on staff. Under the Gospel Mission Society.

Basic Needs (clothing, food, bathing, laundry, etc)

Thrift Stores

**Bibles for Missions
Thrift Store**
Springfield Rd.
860-4791

Monday – Saturday 10am – 4pm

Helping Hands Store
259 Leon Ave.
862-2404

Monday – Saturday 10am – 3pm

MCC Thrift Store
287 Bernard Ave.
763-1349

Monday – Friday 10am-5:30pm
Saturday 10am – 5pm

Pro Life Thrift Shop
1159 Sutherland Ave.
762-9266

Wed, Thur, Fri & Sat 10am – 4pm

**Salvation Army
Thrift Stores**
1873 Spall Rd. and
1447 Ellis St.
762-5182

Monday – Saturday 9:30am – 4:30pm

Meals/ Multiple Services

**Adventist Community
Services**
130 Gerstmar Rd & Hwy 33
860-5096

Free clothing and household items Tuesdays and
Wednesdays 10:00am – 12:00pm (store open Sept –
July). Referral calls accepted daily. Also food bank
for those who have been here less than 3 months or
to top up food bank

Come & C
375 Leon Ave.
762-0700

Saturdays and Sundays 2:30 – 4:00 pm light meal

**Kelowna Church of
the Nazarene**
1305 W. Highway 33
868-2238

Coffee House/Drop-in Center for Women with or
without children. They serve coffee, soup and
sandwiches Tuesdays and Wednesdays 10am to
3pm

Kelowna Gospel Mission
259 Leon Ave.
V1Y 7N3

Meals 7 days per week: coffee -10am, lunch -12
noon, Supper – 4:30 pm. Also bathing and laundry
facility

Zoe Bus Street Team
of Evangel)
Gordon Dr.
762-0682

Hot dogs and hot chocolate as outreach to (ministry
Queensway by the lake, from October to April 3261
Saturdays 1 – 3 pm

Food and other Necessities

Salvation Army
Family Services
1449 Ellis St.
860-3442

Food Bank, emergency assistance (case by case)
Bulk purchasing of food at low cost (good food
box)

St. Vincent de Paul
(Catholic Parishes)
St. Pius X (Gordon) – **762-2577**
St. Theresa's (Rutland) – **765-0800**
Immaculate Conception (Sutherland) – **861-7801**
St. Charles Garner (Benvoulin) – **860-2536**

Help for families in an emergency Crisis – Call the
number nearest you

Information/Referral Services

Neighborlink
(through the Kelowna
Gospel Mission)
861-5465

Assists callers to access help through a network of
volunteers from various churches who might offer
such services as:
Transportation, minor repairs, visitation, financial
advice, tutoring, mentoring, etc

Family Counseling

Building Healthy Families
1390 KLO Road
861-4933

“Self Help Opportunities for Parents”
Helping parents build healthy parent/child
relationships and life skills building
“First Step” – Young parents
“Parent Teen Program” – Support group
“Unloading Zone” – Youth/ parent anger and self
management course

Crisis Pregnancy Services

Tender Mercies
905 Badke Rd.
861-5559

Crisis Pregnancy center offering free pregnancy
testing, emotional and practical support,
information, medical and legal referrals, post
abortion recovery support